


*Mars Hill Retirement Community* For further information  
call Donna Cole at 689-7982

# February 2020

☘ SUNDAY ☘ MONDAY ☘ TUESDAY ☘ WEDNESDAY ☘ THURSDAY ☘ FRIDAY ☘ SATURDAY ☘

| <p><b>DIRECTORY</b><br/>AR Activity Room<br/>DR Dining Room<br/>P Patio<br/>SLR Second Floor Living Room<br/>TLR Third Floor Living Room</p> | <p>Activity Supplies are available in the Activity Room for Independent Leisure Time. Puzzles and books available in the third floor living room.</p>  | <p><b>Activities are subject to change.</b></p>   |  |  | <p>Flower: <b>Violet</b><br/>Birthstone: <b>Amethyst</b></p>  <p>Designed by IPC (614) 406-6455<br/>Fax (740) 694-4740</p>   | <p>10-10:30 Coffee and Conversation -AR<br/>10:45-11:45 Yahtzee -AR<br/>1:30-2:30 Bingo -AR<br/>2:45-4:30 Classic Movie Matinee with Popcorn -TLR</p>                                     |
|--|--|---|--|--|---|---|
| <p><i>GROUNDHOG DAY</i><br/>Worship Service of Choice<br/>4-4:45 Vespers with Tim Henderson -AR</p>  | <p>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10-10:45 Strength Training -AR<br/>11-11:30 Mental Fitness -AR<br/>2-3:00 Music &amp; Sing-a-long with Nancy Larkin -AR</p>  | <p><i>HAPPY BIRTHDAY BARRARA BENNETT</i><br/>9:30-11:30 Ingles Grocery Shopping Trip (Sign Up w/ Activity Department)<br/>10-10:45 You Be The Judge -SLR "Problem Solving"<br/>11-11:45 Word Search Puzzles -SLR<br/>1:30-2:30 Bingo -AR<br/>3-4:00 Wii Bowling -AR<br/>6:30-8:00 Tuesday Night Movie -AR</p> | <p>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10-10:45 Strength Training -AR<br/>11-11:30 Menu Planning with Bud -TLR<br/>2-2:45 New Resident Orientation -AR<br/>3-4:00 Sight Impaired Book Club -TLR "Recorded Books"<br/>6-6:30 Beech Glen Baptist Church Choir -AR</p>   | <p>10-10:45 Strength Training -AR<br/>11-11:45 Learning and Growing Spiritually with Chris Morgan -AR<br/>1:30-2:30 Bingo -AR<br/>3-4:00 Meditative Coloring -AR</p>   | <p>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10-11:00 Dominoes -AR<br/>11-11:45 Valetine Cards -AR<br/>1:30-3:00 Paparazzi Fashion Jewelry Shopping with Alana Sawyer -AR "All Jewelry \$5.00"</p>   | <p>10-10:30 Coffee and Conversation -AR<br/>10:45-11:30 Sing-a-long -AR<br/>1:30-2:30 Bingo -AR<br/>2:45-4:30 Classic Movie Matinee with Popcorn -TLR</p>                                 |
| <p><i>HAPPY BIRTHDAY NANCY McINTYRE</i><br/>Worship Service of Choice<br/>4-4:45 Vespers with David Jarvis -AR</p>                           | <p>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10-10:45 Strength Training -AR<br/>11-11:30 Mental Fitness -AR<br/>1:30-3:00 Crafts -AR "Valentine Heats"</p>  | <p>9:30-11:30 Walmart Grocery Shopping Trip (Sign Up w/ Activity Department)<br/>10-10:45 Pet Therapy with Cookie -SLR<br/>11-11:30 Checkers Game -SLR<br/>1:30-2:30 Bingo -AR<br/>3-4:00 Wii Bowling -AR<br/>6:30-8:00 Tuesday Night Movie -AR</p>   | <p><i>HAPPY BIRTHDAY OTIS FULMER</i><br/>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10-10:45 Heart and Soul Reminiscence -SLR<br/>11-12:00 Watercolor Painting Class with Katie -AR<br/>1:30-2:30 Easy Listening Music -SLR<br/>3-4:00 Sight Impaired Book Club -TLR "Recorded Books"</p>  | <p>10-10:45 Strength Training -AR<br/>11-11:45 Learning and Growing Spiritually with Chris Morgan -AR<br/>1:30-2:30 Bingo -AR<br/>3-4:00 Meditative Coloring -AR</p>   | <p><i>VALENTINE'S DAY HAPPY BIRTHDAY JEAN WEST</i><br/>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10-10:30 Balloon Volleyball -AR<br/>11-11:45 Poetry Reading with Asheville Community Theatre Autumn Players -AR<br/>12-1:30 Valentine Day Luncheon -DR Entertainment by: Class Act<br/>2-3:00 Heart Healthy Valentine Chocolate Celebration -AR</p> | <p>10-10:30 Coffee and Conversation -AR<br/>10:45-11:45 Board Game -AR "Sorry"<br/>1:30-2:30 Bingo -AR<br/>2:30-4:00 Classic Movie Matinee with Popcorn -TLR</p>                          |
| <p>Worship Service of Choice<br/>4-4:45 Vespers with Lisa Hartzog -AR</p>  | <p><i>PRESIDENTS DAY</i><br/>10-11:00 Exercise Program with Mars Hill University Social Work Senior Field Students -AR<br/>1:30-2:15 Resident Council Meets -AR<br/>2:30-4:00 Reaching Out to Voters Through Post Card Art with Maggie Richards -TLR<br/>6:30-7:30 Music Program with Mars Hill University Social Work Senior Field Students -AR</p> | <p>9:30-11:30 Ingles Grocery Shopping Trip (Sign Up w/ Activity Department)<br/>10-10:45 Crossword Puzzles -SLR<br/>11-11:45 Card Game -SLR "Crazy Eights"<br/>2-3:00 Folk Singer Tom Fisch -AR<br/>3:15-4:00 Wii Bowling -AR<br/>6:30-8:00 Tuesday Night Movie -AR</p>                                       | <p><i>HAPPY BIRTHDAY GERI HUBBERT</i><br/>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10-10:45 Video Exercise Class -AR "Chair Yoga"<br/>11-11:45 TED Video -AR (Technology, Education, or Design) "Brain Games"<br/>1:30-2:15 Sight Impaired Book Club -TLR<br/>2:30-3:15 Come Visit Harper The Therapy Dog and Pam -AR</p>                                    | <p>10-10:45 Strength Training -AR<br/>11-11:45 Learning and Growing Spiritually with Chris Morgan -AR<br/>2-3:00 Music and Sing-a-long with Jim &amp; Margie Haaga -AR<br/>3:15-4:00 Meditative Coloring -AR</p> | <p>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10-11:30 Mars Hill Errand Run (Sign Up in Advance with Act. Dept.)<br/>2-3:00 Musical Performance by Primrose -AR</p>   | <p>10-10:30 Coffee and Conversation -AR<br/>10:45-11:30 Sing-a-long -AR<br/>1:30-2:30 Bingo -AR<br/>2:45-4:30 Classic Movie Matinee with Popcorn -TLR</p>                                 |
| <p>Worship Service of Choice<br/>4-4:45 Vespers with Darrin Penland -AR</p>  | <p>10-10:30 Morning Strollers Walking Club -SLR<br/>10-11:00 Strength Training -AR<br/>11-11:45 Mental Fitness -AR<br/>1:30-2:30 Mountain Care Grief Support with Deb -AR<br/>3-4:15 Scrabble -SLR</p>   | <p>9:30-11:30 Ingles Grocery Shopping Trip (Sign Up w/ Activity Department)<br/>10-10:45 Pet Therapy with Cookie -SLR<br/>11-11:45 What Would You Do -SLR "Problem Solving"<br/>1:30-2:30 Bingo -AR<br/>3-4:00 Wii Bowling -AR<br/>6:30-8:00 Tuesday Night Movie -AR</p>                                      | <p><i>HAPPY BIRTHDAY JEAN DAVIS</i><br/>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10-10:45 Video Exercise Class -AR "Armchair Strength Improvement"<br/>11-11:45 Boggle -SLR<br/>12-1:00 Resident Birthday Luncheon -DR<br/>1:30-2:30 New Resident Welcoming Social -TLR "Meet &amp; Greet Our Newest Residents"<br/>3-4:00 Sight Impaired Book Club -TLR</p> | <p>10-10:45 Strength Training -AR<br/>11-11:45 Learning and Growing Spiritually with Chris Morgan -AR<br/>1:30-2:30 Bingo -AR<br/>3-4:00 Meditative Coloring -AR</p>   | <p>9:30-10:00 Morning Strollers Walking Club -SLR<br/>10:30-3:00 Lunch at Apollo Flame and Visit the Folk Art Center (Sign Up in Advance with Act. Dept.)<br/>1:30-3:00 Movie Matinee -AR</p>   | <p>10-10:30 Coffee and Conversation -AR<br/>10:45-11:30 Carolina Song Bird Education with Sherilynn -AR<br/>1:30-2:30 Bingo -AR<br/>2:45-4:30 Classic Movie Matinee with Popcorn -TLR</p> |